

Trip Styler | GSA Publishing – Travel Magazine

Trip Styler



by [Trish Friesen](#)

A Palm Springs Holidette

Both starlets and snowbirds have been drawn to the desert for the better part of 60 years. But after its heyday, just when it looked like Palm Springs was losing its pull, something happened: retro became rad, crooners became cool and mid-century design became divine. Hot hotels popped up in tired old motor lodges, stylish restaurants took over bygone corner bistros and entire city districts devoted themselves to design or artisan rebirth.

With this shift came a younger visitor enamoured with the iconic desert lifestyle. Tacking an extra couple days onto the weekend was justified by bike riding in the morning, eating a spiked snow cone by the pool in the afternoon, browsing boutiques at dusk and dining out at stylish restaurants in the evening.

I think Audrey Hepburn would approve, though she may swap the spiked snow cone for wine. So let's get into it. A Palm Springs holidette:

Do

- Tour the city's mid-century modern masterpieces on your own {nab a \$5 Map Of Modern Palm Springs at the Visitors Centre} or in style with Robert Imber for \$75/person {e-mail psmodern tours@aol.com or call 1 (760) 318-6118 to book}.
- View Warhol, Wyeth and other celebrated artists at the [Palm Springs Art Museum](#).
- Hike the [Indian Canyons](#) {\$9 adults, \$7 children & students] and ask if Raven is available to be your guide {\$3 extra for tours at 10am & 1pm daily}.
- Bike towards the [Palm Springs Visitors Center](#) {built in an old gas station} and then up the long and winding road to the Palm Springs Tramway...and back.
- Browse the Uptown Design District on North Palm Canyon Drive for mid-century finds and cool boutiques.

Eat

- Breakfast: [Norma's](#) in the Parker. Brunch in a high-end diner on Bertoia-inspired chairs and Saarinen-esque tables under orange, white and yellow



shades and pearly globes. With a strong French-pressed coffee, a shot glass of a heavenly smoothie and a breakfast quesadilla big enough for two, you'll be satisfied until five!

- Lunch: [Jake's](#). The perfect petite lunch spot serving brightly coloured salads and inventive sandwiches in an open-air, Paris-meets-Palm Springs courtyard. For the record, if I was a snowbird, I'd be a regular.
- Dinner: [Citron](#) in the Viceroy. Refined without stuffiness; where food, beverages and design experts have worked in tandem to create a warm desert dining experience.



Sleep

- [The Viceroy](#): A strikingly pulled-together retreat that's fancy without being frou frou and whimsical without being overdone.
- [The Parker](#): A Hollywood hideaway where towering palm trees guide the way through curvy trails to pools and posh pads.

Getting There

Getting there is a cinch from Vancouver, Calgary, Edmonton, Winnipeg, and Toronto with direct WestJet service. Here's a [full list of direct flights to the Palm Springs Airport {PSP}](#).



About [Trish Friesen](#)

Trish Friesen is the definition of a jetsetter; she eats, sleeps and breathes travel, packing her bag every two weeks for a wild adventure or sun-drenched hotspot. Aruba, Curacao, Bonaire, New York, Palm Springs, Seattle, Los Angeles, San Francisco, Dallas and Whistler—and that's just this fall! In addition to her writing being published in [The Daily Meal](#) and The Vancouver Sun, Trish is also the editor-in-chief of [TripStyler.com](#), a Vancouver-based travel lifestyle website. Along with stable of globetrotting writers, Trip Styler dishes daily tips, tricks and technology that make traveling easier, faster, more fun and lighter on the wallet. Follow Trish on [Facebook](#), [Twitter](#) and [Instagram](#).

